

# Conklin LIFETRACK® Nutrition Electrolyze

## Electrolyte Hydration\*

### Benefits\*

- Supports healthy hydration and electrolyte balance
- Maintains healthy cellular energy metabolism
- Supports healthy connective tissue maintenance

**HYDRATE.  
RECOVER.  
REFUEL.**  
THE SMARTER WAY.

### Highlights\*

- Provides 2.5:1 ratio of sodium to potassium
- Supplies 760 mg of sodium from Pure Ocean™ Sea salt
- Includes collagen peptides, creatine, and vitamin C
- Stimulant free



\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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[ConklinLifetrackNutrition.com](http://ConklinLifetrackNutrition.com)

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## *Electrolyte Hydration\**

### Recommended Use

Dissolve one stick pack in 16-20 ounces of filtered water to find your preferred flavor potency. Take one serving daily depending on daily activity levels and hydration needs.

To report a serious product adverse event, call 1-866-562-4619.

### Supplement Facts

Serving Size: 1 stick pack Servings per Container: 30

#### Amount Per Serving % Daily Value

|                                                    |        |      |
|----------------------------------------------------|--------|------|
| Total Sugar                                        | 1g     | *    |
| Vitamin C (as sodium ascorbate)                    | 150mg  | 167% |
| Calcium (as calcium carbonate)                     | 50mg   | 4%   |
| Magnesium (as magnesium malate, magnesium citrate) | 100mg  | 24%  |
| Sodium (as Pure Ocean™ Salt)                       | 760mg  | 33%  |
| Potassium (as potassium citrate)                   | 300mg  | 28%  |
| Creatine (as creatine monohydrate)                 | 2000mg | †    |
| Collagen (as collagen peptides)                    | 1000mg | †    |

\*Percent Daily Values (DV) are based on a 2,000 calorie diet

Other Ingredients: Natural citrus flavor, organic cane sugar.

## Be Your Own Health Advocate

At Conklin, we believe that you know best when it comes to taking care of your health. To learn more we encourage you to research highlighted ingredients.



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### For more information:

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