

Conklin LIFETRACK® Nutrition

# Basics™

## Stick Pack Nutrition

### Benefits\*

- Supports micronutrient status
- Maintains antioxidant status
- Assists healthy cognitive function
- Supports healthy GI function

### Feel the Difference



Soy-Free

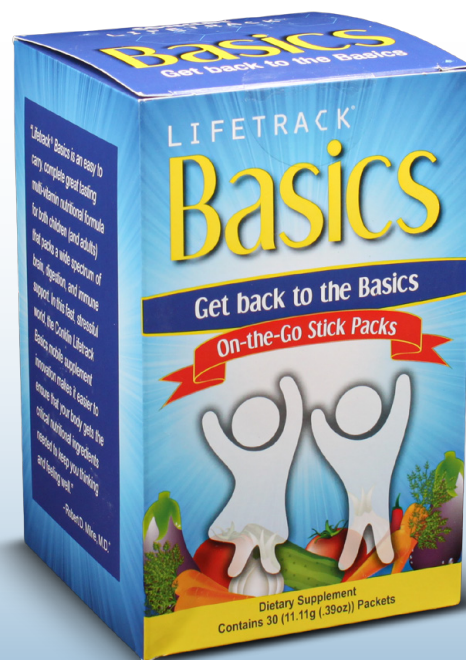


Plant-Based

### Highlights\*

- Provides 16 bio-available vitamins and minerals Provides
- Contains probiotic, prebiotic and polyphenol blend
- Provides neuro-tonin amino acid blend
- Powdered stick pack tastes great and mixes easily

\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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# Basics™

## Stick Pack Nutrition

### Recommended Use

As a Dietary Supplement: Take one stick pack daily or as directed by a health care professional.

Supplement Facts			
Serving Size 1 Stick Pack		Servings Per Container 30	
Amount Per Serving % DV			
Calories		45	
Carbohydrates	9 gm		3
Sugars	4 gm		
Protein	1 gm		<2
Fiber	1 gm		3
Ingredient Name	Yield	Units	% DV
Vitamin A (palmitate (60%), beta-carotene (40%))	5000	iu	100
Vitamin C (ascorbic acid)	60	mg	100
Vitamin D (cholecalciferol beadlets, vitamin D3)	500	iu	125
Vitamin E (d-alpha tocopheryl acetate)	30	iu	100
Thiamin (thiamin HCL)	15	mg	100
Riboflavin (riboflavin, riboflavin-5-phosphate (co-enzyme B2))	1.7	mg	100
Niacin (niacinamide)	20	mg	100
Vitamin B6 (pyridoxine HCL, pyridoxal-5-phosphate (co-enzyme B6))	3	mg	150
Folic acid	400	mcg	100
Vitamin B12 (methylcobalamin)	100	mcg	1667
Biotin	600	mcg	200
Pantothenic acid (calcium pantothenate)	10	mg	100
Calcium (carbonate)	30	mg	3
Iodine (potassium iodide)	150	mcg	100
Magnesium (oxide)	60	mg	15
Zinc (citrate)	75	mg	50
<b>Neuro-Tonin</b>	<b>465</b>	<b>mg</b>	<b>**</b>
Choline bitartrate, L-tyrosine, n-acetyl carnitine, inositol, L-tryptophan, GABA (GammaAminoButyricAcid).			
<b>gut integrity</b>	<b>2850</b>	<b>mg</b>	<b>**</b>
Organic glycoprotein blend (organic brown rice flour, organic short grain rice flour, organic fragrant rice flour), kale, beet juice, Fruittful Berries (pineapple juice, mango fruit, papaya juice, carrot juice, strawberry juice, black currant juice, orange juice, plum juice, raspberry juice, cherry juice, blueberry juice, pomegranate juice, apple juice, banana, watermelon juice, grapefruit juice, mangosteen fruit), n-acetyl-d-glucosamine (crustacean), L-glutamine, blueberry fruit, sunflower lecithin (non GMO), rose hips, zucchini, organic parsley leaf, ribose-polysaccharide complex, tart cherry, ashwaganda extract, organic cabbage, chamomile flower, ligusticum extract, quercetin dihydrate, ginkgo leaf extract 24% flavone glycosides 6% terpene lactones, gotu kola extract.			
<b>Probiotic Incubator</b>	<b>2000</b>	<b>mg</b>	<b>**</b>
Probiotic soluble tapioca fiber, apple, marshmallow root, inulin, fermented green papaya, Jerusalem artichoke, apple pectin, chicory root, kudzuvine root.			
<b>Probiotic Blend</b>	<b>75.5</b>	<b>mg</b>	<b>**</b>
Bifidobacterium bifidum, Bifidobacterium longum, Bifidobacterium breve, Lactobacillus acidophilus, Lactobacillus rhamnosus, Lactobacillus casei, Lactobacillus plantarum, Lactobacillus bulgaricus, Lactobacillus salivarius.			
Other Ingredients: Organic evaporated cane juice, natural citrus and cherry flavor, citric acid, gum arabic, xanthan gum, lo han guo extract, stevia leaf extract.			
**daily value not established. %DV Based on 2000 Calorie Diet.			

## Be Your Own Health Advocate

At Conklin, we believe that you know best when it comes to taking care of your health. To learn more we encourage you to research highlighted ingredients.



For more information:

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